



Comprehensive Pulmonary
and Primary Care
Physicians of Orange County

PULMONARY FUNCTION TEST PREPARATION

1. If you have any symptoms of a cold, chest congestion, respiratory infection, gastrointestinal problems such as diarrhea or vomiting within 2 weeks of your appointment time, it is important you contact our office. We would like you to be completely symptom-free for at least **2 WEEKS prior to your appointment date.**
2. You will be breathing into a tube for the tests ordered by your physician. These tests can last 30 minutes to 1 ½ hours, depending on how the testing progresses.
3. Wear comfortable, loose-fitting clothing. Please do not wear any type of fragrance, cologne, aftershave, scented lotions etc. due to significant allergies. If you show up with any type of fragrance, your appointment **WILL BE** rescheduled.
4. If you wear dentures, you may be asked to remove them to get accurate results.
5. Please bring a bottle of water, so you may take sips during the test.
6. You may eat prior to the testing, however if you eat within 2 hours of the test, please eat **lightly.**
7. For accurate results please **STOP** the following breathing medication:

24 hours prior to test: Advair, Symbicort, Dulera, Breo, Turdoza, Spiriva, Anora
6 hours prior to test: Atrovent, Combivent, DuoNeb
4-6 hours prior to test: Proventil, Ventolin, ProAir, Xopenex
8. If you take Prednisone, please **do not stop** that medication. Continue to take all your other medication as usual.
9. Please arrive 15 minutes prior to your appointment to check-in.
10. Please bring your picture ID, insurance card(s), and authorizations for check-in.
11. Parking fee, with validation is \$4. Valet parking is available for \$5.

Please call the PFT Lab at 714-639-7021 with any questions you may have.